

# More challenges per car

Today, breathing is dangerous to your health.

To clear the air of poisons it is vital to develop a pollutant-wise action plan

## YOUR DAILY POISON AND COMBAT PRIORITY

**Particulate (PM10) and smaller** from diesel vehicles. Extremely toxic, very high in Delhi.

Can trigger lung cancer, respiratory and heart problems.

1

**Benzene** from petrol vehicles (especially vehicles without catalytic converters and scooters). Carcinogenic, levels frightening in Delhi. Triggers blood cancer.

1

**Carbon monoxide** from petrol vehicles. High levels in Delhi. Not as toxic as particulates and benzene. But toxic enough. Reduces oxygen carrying capacity of blood and impairs the heart and nervous systems.

2

**Polycyclic aromatic hydrocarbons** from diesel and petrol vehicles. Lethal. Levels probably high but not monitored. Can cause cancer.

2

**Oxides of nitrogen** mainly from diesel vehicles. Toxic. Levels not very high but steadily rising. Also produces toxic ozone. Triggers respiratory and heart problems.

3

**Sulphur dioxide** from diesel vehicles. Levels in Delhi's air still low. But contributes to making of sulphate particles. Deadly. Triggers breathing problems.

3

The answers are clear. **What is needed is action**